### Project Name/Title: COM FSM Chuuk Youth Risk Behavior Survey Training Workshop and Pilot Surveys

**Project Date/Duration:** July- August 2010  
**Jurisdiction:** Chuuk, FSM

**Audience Reached:**  
Who benefits from this project?  
How many participants are there? Please be specific. (e.g., youth, seniors, cancer survivors, caregivers, health professionals, outreach workers)

**Contact Name:** Dr Kino Ruben  
"Kino Ruben" <kruben@fsmhealth.fm>

**Photo:**  
Trainees setting out from Weno to Tol

**Participant Quote:**  
The more I picture myself dealing with other youths, the more I get interested in doing this.

### History/Background:
- **What is the identified need for this project?**  
  The CDC’s Youth Risk Behavior Survey has been shown to be an effective way to gather baseline risk behavior data on adolescents in the US and elsewhere in the USAPI.
- **Does the project build on an existing project?**  
  WHO’s adult risk behavior survey
- **Was the project adapted from a model used elsewhere?**  
  Yes, from the CDC’s model.
- **What is the history of the project?**  
  Originally conceived as an administering of the YRBS to all high school aged children in Chuuk, but scaled back to a pilot to fit the limited budget.

### Goal and Objectives:
- **What is the overall goal of this project?**  
  The overall goal of this project was to train a cohort of 6-8 FSM-Chuuk Campus students to be capable of conducting the survey and having them pilot the culturally modified survey to test its appropriateness.
- **What are the project’s priority objectives?**  
  Preparing a team capable of administering the YRBS in Chuuk next year.
- **Which Comprehensive Cancer Control Plan objective does this project address?**  
  Outreach and Education. Training.
### Planning & Development:

- **What data or reports were used to help plan the project?**
  - Youth Risk Behavior Surveillance -Pacific Island United States Territories 2007, MMWR
    - November 21, 2008 / Vol. 57 / No. SS-12
    - [http://www.cdc.gov/HealthyYouth/yrbs/index.htm](http://www.cdc.gov/HealthyYouth/yrbs/index.htm)
    - [http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5905a1.htm?s_cid=ss5905a1_e](http://www.cdc.gov/mmwr/preview/mmwrhtml/ss5905a1.htm?s_cid=ss5905a1_e)

- **Who are the project partners and what are their roles?**
  - NA

- **What was the planning process?**
  - e-mail consultations

- **What ‘evidence’ or models or theories of change influenced the project design?**
  - CDC documentation

### Implementation:

- **What are the project’s primary activities?**
  - Training workshop and pilot surveys

- **How were the activities carried out?**
  - Pacific CEED TA ran the workshop and supervised the pilot surveys

- **Who implemented the project activities?**
  - Pacific CEED TA

- **What partners were involved?**
  - COM-FSM Chuuk campus provided the facilities, including classroom and computer lab, for the workshop.
  - Chuuk hospital provided the dispensary boat and operator for the trips to Fefan and Tol.

- **How did the community participate?**
  - Young adults in the community volunteered for the pilot surveys, and the communities in Fefan and Fason provided facilities where the pilot surveys were done.

- **What materials or products or deliverables were created? (i.e. brochure, video, PSA, etc.)**
  - none

### Evaluation:

- **What are the key results and/or outcomes (expected and unexpected)?**
  - More successful than expected, the students were even able to complete their on-line NIH human subjects protection certificates during the workshop.

- **What evaluation data collection methods were used to measure the change? (include a graph or chart or diagram)**
  - Head, heart, feet evaluations midway and at the end of the workshop.

### Lessons Learned:

- **What are the strengths and weaknesses of the project?**
  - Strength is the demonstration that the survey could be done
  - Weakness is the need to find additional funding in order to do it.

- **How could this project be improved?**
  - To do the full project properly, department of education approval to test the survey in high schools should be obtained.

- **What recommendations do you have for others who want to replicate the project?**
  - Clearly determine what funding is needed for a full survey and identify sources before planning the training and pilot-testing, so that no unrealistic expectations for results are created.

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